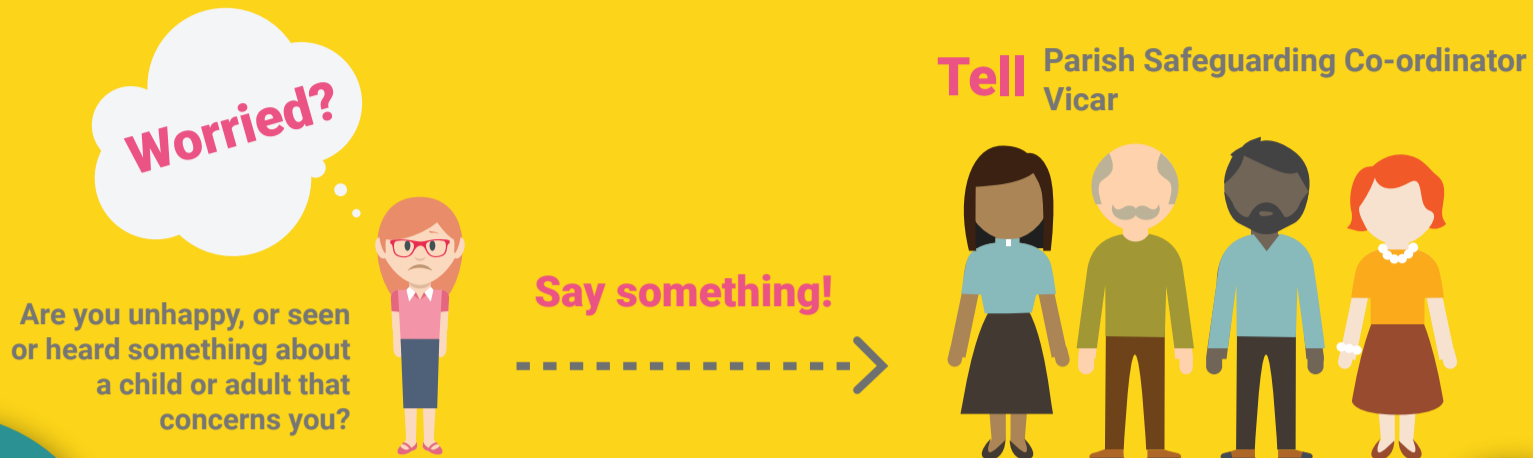


Need to talk?

We want everyone in our churches to feel safe and welcomed.
 If you're worried or unhappy about something,
 don't stay silent – come and talk to us.



In this church you can talk to:

Name:
 Number:
 Role: Parish Safeguarding
 Co-ordinator

Name:
 Number:
 Role:

Name:
 Number:
 Role:



You can also tell...

**Diocesan
Safeguarding
Officer**

07342 993 844

Other organisations

that may be able to help

Childline

0800 1111

LGBT Domestic Violence Helpline

0800 999 5428

Samaritans

116 123

Safe Spaces (church-related abuse)

0300 303 1056

Domestic Violence Helpline

0808 2000 247

STOP IT NOW! Helpline

0808 1000 900



Scan the QR code for
resources for survivors

The Church of England is committed to the safeguarding and protection of all children, young people and adults.