



# SHARE

AN INTERGENERATIONAL 1-1 & SMALL  
GROUPS DISCIPLESHIP RESOURCE TO  
DEEPEN YOUNG PEOPLE'S FAITH JOURNEY

## SHARE PAIR BOOKLET



THE CHURCH  
OF ENGLAND  
BIRMINGHAM



# WHAT IS SHARE?

Share is a 5-week bible study to be done in pairs or small groups between a young person(s) and a mature Christian(s) from the same church. Share is designed to kickstart a mentoring relationship between this pair and provide a model of joint bible study which they can continue.

Share can be used face to face or virtually.

Over the 5 week kickstart, we will be looking at love using a passage from Matthew's gospel: Matthew 22: 37-40

Jesus replied: 'Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbour as yourself.' All the Law and the Prophets hang on these two commandments." (NIV)

We will explore

- Getting to know each other
- How God loves us
- How we love ourselves
- How we love others
- How we love God

# SUGGESTED OUTLINE

Try to meet as a pair/small group regularly (weekly if possible) to share.

- Decide how long you will spend together
- Share your highs, lows and experiences from last week
- Pray together
- Read the passage
- Share your thoughts on the passage
- Plan when you will next get together

# SAFEGUARDING

All adults who participate in Share groups will need DBS certificates and to have completed relevant safeguarding training.

Face to Face Share - Meet in a public place for example straight after church whilst others are around would be a great time to share.

Virtual Share- You will need a second adult to help. They should join the virtual connection and mute their microphone and turn their camera off. They are present to ensure the conversation is appropriate and within safeguarding guidelines.

# CODE OF CONDUCT- VIRTUAL

## Code of Conduct for Participants:

- Participants will be fully dressed in day clothes.
- Participants should be in a space where they feel comfortable and able to talk. Please be aware of what people can see in your background.
- Please ensure no bad language is audible including background noise, as this could be inappropriate for others
- No inappropriate sexual behaviour or language to be used.
- Always have at least two DBS leaders in the virtual meeting.
- Not be recording the session.
- Have followed the Safeguarding policies set out by Church of England Birmingham, regarding online engagement with children and young people.
- Not tolerate any disruptive or bullying behaviour.

# CODE OF CONDUCT- IN PERSON

## Code of Conduct for Participants:

- Follow safeguarding guidelines
- Follow social distancing guidelines
- Meet in a public location
- Ensure other adults are present and know you are meeting
- If you are meeting after the church service you may want to make others aware to minimise disruption
- Set a time that you plan to meet for

# GUIDELINES FOR DIALOGUE

When you chat in your pairs or small groups, here are some principles as a guide to your conversations.

## GUIDELINES FOR DIALOGUE TRANSFORMING OUR ENCOUNTERS WITH OTHERS

Learning to explore faith in healthy ways is an important skill for life. These simple guidelines ensure a safe place for young people to talk faith, make friends and change lives.

**LISTEN  
TO WHAT  
EVERYONE  
HAS TO SAY**

**DO NOT TELL  
OTHERS WHAT  
THEY BELIEVE,  
BUT LET THEM  
TELL YOU**

**DO NOT FORCE  
PEOPLE TO  
AGREE WITH  
YOUR VIEWS**

**ACKNOWLEDGE SIMILARITIES AND  
DIFFERENCES BETWEEN OUR FAITHS**

**SPEAK  
POSITIVELY OF  
YOUR FAITH,  
RATHER THAN  
NEGATIVELY  
ABOUT OTHER  
PEOPLE'S**

**MAKE EVERY  
EFFORT TO GET  
ALONG WITH  
EVERYONE  
REGARDLESS  
OF THEIR  
FAITH, GENDER,  
ETHNICITY  
OR AGE**

*the  
feast*

**DO NOT JUDGE  
PEOPLE HERE  
BY WHAT SOME  
PEOPLE OF  
THEIR FAITH OR  
COMMUNITY DO**

**DO NOT TREAT  
SOMEONE AS A  
SPOKESPERSON  
FOR THEIR FAITH  
OR CULTURE**

**BE HONEST IN  
WHAT YOU SAY**

**RESPECT OTHER  
PEOPLE, EVEN  
IF YOU DISAGREE  
WITH THEIR  
VIEWS**

**AT ANY STAGE YOU  
CAN ASK FOR A  
DISCUSSION  
TO BE STOPPED  
IF YOU FEEL  
UNCOMFORTABLE**



THE CHURCH  
OF ENGLAND  
BIRMINGHAM

Used with permission from 'The Feast' at [thefeast.org.uk](http://thefeast.org.uk)

# EXPLORE TOGETHER

When you are in your pairs and small groups you will be opening the bible together and sharing your thoughts and feelings about particular passages.

You will be using this approach, 'Explore the Bible together, as it's simple, easy and is a good model for sharing Bible thoughts.

## EXPLORE THE BIBLE TOGETHER

### PRAY



Share the highs and  
Lows of the last week

Pray together

### READ



Read the passage

Express it in your own words

What did you learn about God?

What did you learn about people?

### SHARE



What is God saying to you?

How will you respond?

Who will you share this with?

# WEEK ONE - WELCOME

## The Greatest Commandment:

Hearing that Jesus had silenced the Sadducees, the Pharisees got together. One of them, an expert in the law, tested him with this question: “Teacher, which is the greatest commandment in the Law?” Jesus replied: “‘Love the Lord your God with all your heart and with all your soul and with all your mind.’ This is the first and greatest commandment. And the second is like it: ‘Love your neighbour as yourself.’ All the Law and the Prophets hang on these two commandments.”

Matthew 22: 34-40 (NIV)

## FIRST SESSION STARTER QUESTIONS

When you first meet with us as a share pair/group we suggest you do some ice breaker questions suggested below to get to know one another and break the ice.

Brainteaser: Would you rather have unstoppable sneezes or never-ending hiccups?

Why?

Discover 10 things you have in common, if you are a small group, this can be between your whole group.



# FIRST BIBLE STUDY TOGETHER

## Matthew 22: 34-40

Follow the steps on this page to explore the bible together.

### Pray

- Sharing each other's highs and lows will help you to get to know each other better
- Praying together will deepen your mentoring relationship.

### Read

- Expressing the passage in your own words and sharing what you learn will allow you to gain a deeper understanding of each other

### Share

- Sharing what God is saying to you through this passage today and how you will respond to and share that will continue and strengthen your discipleship journey.

## END OF WEEK 1

Set a date and time when you will next meet each other

# EXPLORE THE BIBLE TOGETHER

## PRAY



Share the highs and  
Lows of the last week

Pray together

## READ



Read the passage

Express it in your own words

What did you learn about God?

What did you learn about people?

## SHARE



What is God saying to you?

How will you respond?

Who will you share this with?

# WEEK TWO - GOD LOVES YOU

Jesus replied: 'Love the Lord your **God** with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: '**Love** your neighbour as **yourself**.' All the Law and the Prophets hang on these two commandments."

Matthew 22: 37-40 (NIV)

## BIBLE PASSAGES TO EXPLORE

### 1 JOHN 4: 7-11

Use the explore the bible together method to guide you  
Below are some questions if you need them.

- How would you describe/define real love?
- Where do you think real love comes from?
- What are the different ways God shows or has shown love for you?



### IF YOU WANT A LITTLE MORE 1 JOHN 3:1-3

Use the explore the bible together method to guide you  
Below are some questions if you need them.

- What words or phrases stand out to you?
- What does it mean to you to be known as a child of God?

Follow the steps on this page to explore the bible together, as you did in week 1.

Exploring more than one reading

- Do the Read and Share section for one reading at a time to avoid confusion

Extra Questions

- If your using the extra questions the Share section may be the best place to use them.

## END OF WEEK 2

Set a date and time when you will next meet each other

# EXPLORE THE BIBLE TOGETHER

## PRAY



Share the highs and  
Lows of the last week

Pray together

## READ



Read the passage

Express it in your own words

What did you learn about God?

What did you learn about people?

## SHARE



What is God saying to you?

How will you respond?

Who will you share this with?

# WEEK THREE - LOVE YOURSELF

Jesus replied: 'Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: '**Love** your neighbour as **yourself**.' All the Law and the Prophets hang on these two commandments."

Matthew 22: 37-40 (NIV)

## BIBLE PASSAGES TO EXPLORE

### MARK 12:31

Use the explore the bible together method to guide you

Below are some questions if you need them.

- Does how we love ourselves, dictate how we love

### 1 CORINTHIANS 13 - A GUIDE OF HOW TO LOVE YOURSELF

- What would it look like to be patient with yourself?
- Kind to yourself?
- To reduce your envy, boastfulness and pride?
- To honour yourself?
- What would it look like to control your anger?
- Or forgive yourself?
- What would it look like to develop trust for yourself and hope for the future?



Follow the steps on this page to explore the bible together, as you did in week 1.

Exploring more than one reading

- Do the Read and Share section for one reading at a time to avoid confusion

Extra Questions

- If your using the extra questions the Share section may be the best place to use them.

## END OF WEEK 3

Set a date and time when you will next meet each other

# EXPLORE THE BIBLE TOGETHER

## PRAY



Share the highs and  
Lows of the last week

Pray together

## READ



Read the passage

Express it in your own words

What did you learn about God?

What did you learn about people?

## SHARE



What is God saying to you?

How will you respond?

Who will you share this with?

# WEEK FOUR- LOVE OTHERS

Jesus replied: 'Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: '**Love your neighbour** as yourself.' All the Law and the Prophets hang on these two commandments."

Matthew 22: 37-40 (NIV)

## BIBLE PASSAGES TO EXPLORE

### 1 JOHN 3:14-19

Use the explore the bible together method to guide you  
Below are some questions if you need them.

- What do we show/prove when we love each other?
- Can you think of some examples of how we can live out the ideas in this verse in real life?

### MATTHEW 5:43-48

- What is difficult about this passage?
- What do you think the 'rewards' are of loving your enemies as well as those who love you?
- How can you show love to those who persecute or are unkind to you, when you may be feeling hurt?



# RANDOM ACTS OF KINDNESS

COULD YOU SHOW SOME LOVE TO OTHERS THIS WEEK?

- Call a friend that you haven't spoken to for a while
- Send a letter to a grandparent or another relative
- Send flowers to a friend
- Send someone a handwritten letter
- Tell your family members how much you love and appreciate them
- Help your parents with household chores
- Make someone laugh
- Make a cup of tea for a family member
- Tell someone you know that you are proud of them
- Tell someone you know why you are thankful for them
- Send a motivational text to a friend who is struggling
- Send someone you know a joke to cheer them up
- Send an inspirational quote to a friend
- Contact someone you haven't seen in a while and arrange to meet virtually
- Spend time playing with your pet (if you have one)
- Virtually reach out to spend time with a friend, family member or neighbour who is experiencing loneliness
- Make and send a care package to someone who needs it
- Make a donation to a charity
- Listen to someone who is having a bad day
- Say good morning

When doing these random acts of kindness, please follow all current covid guidelines.

Follow the steps on this page to explore the bible together, as you did in week 1.

Exploring more than one reading

- Do the Read and Share section for one reading at a time to avoid confusion

Extra Questions

- If your using the extra questions the Share section may be the best place to use them.

## END OF WEEK 4

Set a date and time when you will next meet each other

# EXPLORE THE BIBLE TOGETHER

## PRAY



Share the highs and  
Lows of the last week

Pray together

## READ



Read the passage

Express it in your own words

What did you learn about God?

What did you learn about people?

## SHARE



What is God saying to you?

How will you respond?

Who will you share this with?



# WEEK FIVE- LOVE GOD

Jesus replied: '**Love the Lord your God** with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbour as yourself.' All the Law and the Prophets hang on these two commandments."

Matthew 22: 37-40 (NIV)

## BIBLE PASSAGES TO EXPLORE

1 JOHN 2:5-6, JOHN 14:21, ROMANS 8:28.

- How do we show that we love God?
- What example has Jesus set for us to follow – what does this mean in everyday life?



## WHAT NEXT

- How are you going to ...
- Carry this on in your church?
- Do it safely with social distancing and safeguarding?
- Pray for and with each other?
- Continue to explore the bible together in Share pairs or small groups?
- Could you continue to meet together and share different bible passages
- On-Page 19 you will find some other resources you could use.

Follow the steps on this page to explore the bible together, as you did in week 1.

Exploring more than one reading

- Do the Read and Share section for one reading at a time to avoid confusion

Extra Questions

- If your using the extra questions the Share section may be the best place to use them.

## END OF WEEK 5

Set a date and time when you will next meet each other

# EXPLORE THE BIBLE TOGETHER

## PRAY



Share the highs and  
Lows of the last week

Pray together

## READ



Read the passage

Express it in your own words

What did you learn about God?

What did you learn about people?

## SHARE



What is God saying to you?

How will you respond?

Who will you share this with?

# WHAT NEXT?

HERE ARE A FEW RESOURCES YOU COULD USE TO KEEP YOUR CONVERSATION GOING IN YOUR SHARE PAIRS OR SMALL GROUPS.

Reflections: The Bible Society.

Weekly Bible studies for families, small groups, or individuals. There is also a podcast so you can listen to them.

LECTIO 365 is a daily devotional resource that helps you pray the Bible every day, again this you can read or listen to.

Swap is a new approach to reading the Bible together. The idea is simple. You and your Swap partner both have a copy of this journal. Some parts you do virtually together; other bits you do alone. Then, part-way through each session, you virtually show each other your journals and read and pray through what the other person has written. There are six studies. A pair of journals cost £15. Clearly this can't be done at the moment with Covid as we shouldn't be swapping books.

The LecDeck youth and children's ministry resource is kicking-off the new Lectionary year with the launch of Year B and the LecDeck App for Android and Apple iOS.

The LecDeck was originally launched as a Lectionary inspired deck of 52 discipleship cards designed to engage young people in God's word. Each card containing a Bible passage selected from the principal service, along with thought provoking questions, quote and a prayer focus. It costs £5.99 for the App or £4 for Year A and £8 for Year B.

All info correct Jan 2021

ANY FURTHER QUESTIONS EMAIL:  
ADAML@COFEBIRMINGHAM.COM